

22nd November 1989

Difficult to steer course; squalls coming through. Large rollers off the quarter with awkward motion. Kergeulen is 76 miles off. Barometer has dropped off a cliff; squalls coming through all day with the wind coming aft. I think we should have reached up sooner. Finally got a reef out giving us better speed. Wind aft and Reacher back up but a nightmare getting the No. 4 down. Poled out the Reacher as the sea is really difficult.

Better course; wind coming round slowly as the barometer rises. Reef back in to put spinnaker up but we had to take it down again so took the reef out.

More sail changes today than you could shake a stick at!!

