

23rd November 1989

38 miles south of Kergeulen. Wiped out totally at 0330 doing 15 knots. Right over on our side with water pouring into the boat. We had a new record speed, Jeni Mundy at 17.11 knots! The peak wind today was 42 knots.

Full main (finally) and poled out No.2 Reacher. The surfing is amazing but very tiring on the arms for the girls in the helm; but Maiden is so dangerous at these speeds in these seas that we must have the best girls on the helm. We think Dawn has developed tendonitis. Everyone is now suffering physically in one way or another.

The weather chart showed lows south of us but nothing behind the next one.

