



Tracy Edwards Log Book

September 22nd, 1989

The Argos positions at 1000 still put us in front of Rucanor but Steinlager is 1,569 miles in front; good grief – size actually does matter! Equity also seem to be steaming ahead. Then at the chat show at 1100 we found we are still in the lead – six miles now. We are having a match race in the middle of the Atlantic Ocean! Got up on deck at 1130.

Slept really well for four whole hours this afternoon. We put a reef in then took it out when I got up. With the No. 3 up we were overpowered and going sideways. It is so difficult living at this angle; it makes everyone grouchy and bad tempered.

When we were changing sails I asked the girls who weren't wearing life harnesses to put them on. They said 'oh it's only 21 knots'. I made myself very clear on the point. Wear harnesses or don't come on deck.

Anyway, we changed sails with harnesses on!

Sat on deck this evening chatting to Sal and Nancy – they are both so solid, so stable.

At the chat show we found out we have lost 5 miles and are only 0.7 miles in front of Rucanor – stayed up all night watching the course.

